



# Investing in Community Solutions for Hunterdon County



what matters.™

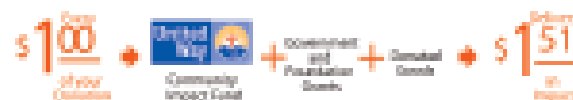
## Our Focus

United Way's approach zeros in on the underlying causes of problems in six key **Impact Areas in Hunterdon County:**

- **Helping Kids Succeed**  
Child care, summer camp, after school programs, and social activities.
- **Increasing Independence for Seniors**  
Home care services and recreational activities to support social interaction.
- **Strengthening Families**  
Therapeutic and psychiatric counseling, and domestic violence services.
- **Meeting Basic Needs**  
Crisis support and assistance with food, clothing, housing, and utilities.
- **Fostering Self-Sufficiency**  
Developmental programs for people with mental and/or physical disabilities.
- **Promoting Health & Wellness**  
Prevention and awareness programs for substance abuse, and other illnesses.

## Magnifying Your Investment

Greater Impact: United Way Magnifies Your Donation to the Community Fund or Impact Areas.



### Give!

Give to United Way's Community Fund or our Impact Areas to support a strategic approach to community problem solving.

### Get Involved!

Experience first-hand how your support creates change. To volunteer, call our Volunteer Center at (908) 782-3414.

### Get Informed!

Visit [www.uwhunterdon.org](http://www.uwhunterdon.org) to learn more about how your donation improves local lives.



United Way  
of Hunterdon County

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## What We Do

Today's United Way focuses on addressing the underlying causes of community issues - why problems exist. United Way programs are not just "stop gap" measures, but ultimately preventative ones that create real and lasting change by improving people's lives.

United Way understands that social issues are not limited to any one town, or to any one family - they are everywhere. That's why United Way works throughout Hunterdon County to help build healthy communities.

## How We Work

No single group can address the complex problems that matter most. That's why United Way works closely with neighborhood organizations and community leaders to:

- Identify and assess community needs.
- Find solutions to address those needs and generate necessary resources.
- Bring together non-profit agencies, government, foundations and volunteers to implement solutions.
- Set goals and measure results every step of the way.

*Remember to give to  
United Way's Community Fund  
to make the greatest difference  
in our community!*

## Did You Know?

- Children without quality early care and education are more likely to drop out of high school and have lower standards of living as adults.
- 70% of adults are impoverished within one year of entering a nursing home.
- Last year, families seeking emergency food assistance increased by 14%.



### What is 2-1-1?

- An easy-to-remember telephone number for health and human services, community resources, and government assistance.
- Available 24/7/365.
- Calls are free and confidential.
- Easily accessed by any landline or cell phone.
- Multi-lingual / TTY / TTD.
- Certified Call Specialists make appropriate referrals and ensure services are provided.

### Where is 2-1-1 Available?

- Calls are handled by local call centers that are geographically distributed throughout NJ.
- Nearly 50% of the U.S. population has 2-1-1 access.



## A Neighbor Gets Her Life on Track

*After about six years of drinking and drugging, I was ready to kill myself. I was hopeless, beat down and confused. I was scared and alone.*

*When I first came into Anderson House, I wanted to run away. But I met some really nice counselors and residents and told myself "I'm just going to see what this place is like for a week."*

*I started to feel comfortable with all the new people and started participating in the groups and my counseling sessions. My counselor helped me learn to be responsible for myself, make doctor appointments, get a job, and be accountable to my parole officer and to trust someone. I was soon able to develop a friendly network of recovering women. For the first time, I had friends without a motive and I started to feel really good about the person I was becoming.*

*After I graduated from the Anderson House program, I moved into the Anderson House three-quarter house. I have remained in the three-quarter house for a little over a year and, everyday, the same principles apply to my life that I was given from Anderson House - show up at work, call my sponsor, use my network, have a relationship with my Higher Power, help someone else, allow someone to help me, think before I act, be accountable for my actions, accept making mistakes and don't hide my secrets and feelings.*

*Through doing these basic steps, I no longer hate myself. I like the person I see today when I look into the mirror. I remain grateful for what I've been given and try to give back as much as possible.*

\* Anderson House is just one of 27 local agencies powered by United Way.