

Directory of Services in Hunterdon County (cont.)

Hunterdon Museum of Art 908-735-8415
Provides a year-round program of exhibitions and studio classes for developmentally disabled adults.

Hunterdon Prevention Resources 908-782-3909
Promotes health and wellness and prevents substance abuse and violence.

Interfaith Hospitality Network 908-782-2490
Congregations that minister to the needs of homeless women and families. Meals, shelter, and social services are provided.

Legal Services of Northwest Jersey 908-782-7979
Provides free legal services to indigent residents of Hunterdon County who have civil law problems.

Literacy Volunteers of Hunterdon 908-284-0042
Fosters literacy among adults with potential to increase skills in basic literacy and/or in English as a second language.

Meals on Wheels in Hunterdon 908-735-8332
Makes deliveries each weekday to homebound seniors as well as four Congregate Nutrition Sites for the independent senior.

NORWESCAP Food Bank 908-454-4322
Distributes donated food to non-profits that feed the hungry.

Round Valley Youth Center 908-236-6885
Provides facilities for youth and adult groups for camping, hiking, picnicking and fishing.

The Salvation Army - Hunterdon 908-851-8237
Provides food, shelter, clothing, emergency disaster services, transportation and referral services.

Visiting Health & Supportive Services 908-788-2544
Provides home care to residents regardless of their ability to pay.

Volunteer Guardianship One-On-One 908-343-6882
Provides court appointed guardians to persons adjudicated to be in need of such services.

Women's Crisis Services 908-788-7666
Provides counseling, legal advocacy, safe-housing and support for victims of domestic violence and/or sexual assault.

YMCA of Hunterdon County 908-782-1044
Provides senior adult programs, preschool, education, physical and aquatic programs for the disabled.

The Youth Center (in Glen Gardner) 908-537-4594
Provides programs in education, recreation, and socialization for everyone from 18 months - adults. Sports, culture, academics.



A Neighbor Gets Her Life on Track

After about six years of drinking and drugging, I was ready to kill myself. I was hopeless, beat down and confused. I was scared and alone.

When I first came into Anderson House, I wanted to run away. But I met some really nice counselors and residents and told myself "I'm just going to see what this place is like for a week."

I started to feel comfortable with all the new people and started participating in the groups and my counseling sessions. My counselor helped me learn to be responsible for myself, make doctor appointments, get a job, and be accountable to my parole officer and to trust someone. I was soon able to develop a friendly network of recovering women. For the first time, I had friends without a motive and I started to feel really good about the person I was becoming.

After I graduated from the Anderson House program, I moved into the Anderson House three-quarter house. I have remained in the three-quarter house for a little over a year and, everyday, the same principles apply to my life that I was given from Anderson House - show up at work, call my sponsor, use my network, have a relationship with my Higher Power, help someone else, allow someone to help me, think before I act, be accountable for my actions, accept making mistakes and don't stuff my secrets and feelings.

Through doing these basic steps, I no longer hate myself. I like the person I see today when I look into the mirror. I remain grateful for what I've been given and try to give back as much as possible.

* Anderson House is just one of 27 local agencies powered by United Way.

Investing in Community Solutions for Hunterdon County



what matters.™

Give!

Give to United Way's Community Fund or our Impact Areas to support a strategic approach to community problem solving.

Get Involved!

Experience first-hand how your support creates change. To volunteer, call our Volunteer Center at (908) 782-3414.

Get Informed!

Visit www.uwhunterdon.org to learn more about how your donation improves local lives.



United Way
of Hunterdon County

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What We Do

Today's United Way focuses on addressing the underlying causes of community issues - why problems exist. United Way programs are not just "stop gap" measures, but ultimately preventative ones that create real and lasting change by improving people's lives.

United Way understands that social issues are not limited to any one town, or to any one family - they are everywhere. That's why United Way works throughout Hunterdon County to help build healthy communities.

How We Work

No single group can address the complex problems that matter most. That's why United Way works closely with neighborhood organizations and community leaders to:

- Identify and assess community needs.
- Find solutions to address those needs and generate necessary resources.
- Bring together non-profit agencies, government, foundations and volunteers to implement solutions.
- Set goals and measure results every step of the way.

*Remember to give to
United Way's Community Fund
to make the greatest difference
in our community!*

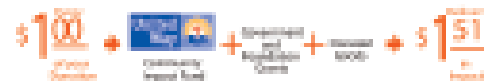
Our Focus

United Way's approach zeros in on the underlying causes of problems in six key **Impact Areas in Hunterdon County:**

- **Helping Kids Succeed**
Child care, summer camp, after school programs, and social activities.
- **Increasing Independence for Seniors**
Home care services and recreational activities to support social interaction.
- **Strengthening Families**
Therapeutic and psychiatric counseling, and domestic violence services.
- **Meeting Basic Needs**
Crisis support and assistance with food, clothing and rent and utilities.
- **Fostering Self-Sufficiency**
Job training and developmental programs for people with mental and/or physical disabilities.
- **Promoting Health & Wellness**
Prevention and awareness programs for drug/alcohol abuse, and other illnesses.

Magnifying Your Investment

Greater Impact: United Way Magnifies Your Donation to the Community Fund or Impact Areas.



Did You Know?

- Children without quality early care and education are more likely to drop out of high school and have lower standards of living as adults.
- 70% of adults are impoverished within one year of entering a nursing home.
- Last year, families seeking emergency food assistance increased by 14%.



What is 2-1-1?

- An easy-to-remember telephone number for health and human services, community resources, and government assistance.
- Available 24/7/365.
- Calls are free and confidential.
- Easily accessed by landlines or cell phones.
- Multi-lingual / TTY / TTD.
- Certified Call Specialists make appropriate referrals and ensure services are provided.

Where is 2-1-1 Available?

- Calls are handled by call centers that are geographically distributed throughout NJ.
- Nearly 50% of the U.S. population has 2-1-1 access.

Directory of Services in Hunterdon County

Anderson House, Inc. 908-534-5818

Provides housing, education, and support for women who are recovering from the disease of alcoholism and/or drug addiction.

The ARC of Hunterdon County 908-730-7827

Provides residential and adult training program, recreation and self-advocacy for the developmentally disabled.

Big Brothers Big Sisters 908-730-7773

Brings together adult volunteers and children, ages 5-14, from single parent families for weekly activities and guidance.

Boy Scouts of America - Central NJ 609-419-1600

Youth development through troop activities, recreation and educational events, trips and camping.

Brideside Adult Day Care Centers 908-782-8080

Social day care program for the frail elderly needing some care, supervision and/or socialization.

Catholic Charities 908-782-7905

Provides services to individuals, families, communities, and supports the economically poor and those devalued by society.

Fisherman's Mark, Inc. 609-397-0194

Strengthens relationships between individuals, families, groups, organizations and communities.

Freedom House, Inc. 908-537-6043

A long-term residential treatment program for adult male alcoholics and drug addicts at high risk of relapse.

Girl Scouts - Rolling Hills 908-725-1226

Troop activities, recreational and educational events and trips, camping, after-school programs and summer camp.

HomeSharing, Inc. 908-526-4663

Matches residents who need to share their homes with individuals searching for affordable housing.

Hunterdon Drug Awareness 908-788-1900

Prevention/education/counseling programs provided to schools, community groups, citizens.

Hunterdon Helpline, Inc. (2-1-1) 908-782-4357

800-272-4630
Information and referrals, emergency aid and assurance calls to seniors and disabled citizens.

Hunterdon Hospice, Inc. 908-788-6600

Provides programs of medical, spiritual and social support services to enable terminally ill patients to stay at home.